
BIPOLAR DISC





PATIENT SCENARIO

- **Patient:** Andrew Lawrence
- **Age:** 36
- **Gender:** Male
- **Chief Complaint:** “I’ve been having trouble sleeping through the night and experiencing extreme mood swings.”
- **History of present illness:** Andrew states that he started experiencing these symptoms about 6 months ago, each episode lasting for quite a few weeks. He mentions periods of increased energy, elevated mood, and racing thoughts followed by periods of depression, and loss of interest in activities. He mentions that his performance is declining at work and this is also affecting his personal relationships.



ANDREW'S HIST

Social History

- Andrew is currently employed as an Executive Director in a pharmaceutical company. He lives alone and is not involved in any serious relationship.
- He reports having a history of alcohol abuse but has been in recovery for the past three years.
- He smokes one pack of cigarettes a week

Family History

- Andrew's mother has a history of bipolar disorder and has been managing her symptoms with medications.
- Andrew's father has a history of alcohol and substance abuse.
- Andrew's sister has a history of anxiety and depression.