

Cyclothym

# Patient history

## Ashley

- 28-year-old female
- Chief Complaint - mood swings, anxious and down has periods of feeling better.
  - HPI: Affecting her motivation levels
    - Missing deadlines at work.
    - Her partner also notes that she has had little with helping maintain their house and that fighting more often.
    - New symptoms noticed over the last 3-6 mo

# Patient history

## Ashley

- PMH
  - High cholesterol
  - Asthma
  - Postpartum depression
- PSH
  - Tonsillectomy
  - 1 C-section - 3 years ago
- Social history
  - Smoker
    - Cigarettes, ½ PPD over 10 years.
  - Alcohol - drinks “a few beers on bad days”
- Family Medical History
  - Mother - Depression,
  - Father - Asthma, Type 2 Diabetes
- Current medication
  - Atorvastatin 40mg once daily
  - Albuterol rescue inhaler