

NR 224 – week 1 edpats  
Nursing Skill, Hand Hygiene

NR 224 Week 1 Core Assignment; Nursing Skill; Hand Hygiene

proper hand hygiene can reduce respiratory illnesses in communities by up to 21% (CDC, 2020).

Which scenarios require hand hygiene to be performed using ONLY soap and water?

After contact with objects contaminated with blood

After caring for a client with clostridium difficile (C. diff) infection

When hands are visibly soiled

Nurses must **remove all jewelry** as the skin under jewelry could harbor bacteria.

**Hands should be wet before applying soap.** Wetting hands with clean water before applying soap helps to form a better lather to remove germs and dirt from the hands. **3-5 mL of soap** ensures an ample amount of soap to cover the hands.

**Rubbing the hands together vigorously for a minimum of 20 seconds** mechanically loosens and removes dirt and bacteria.

When applying hand sanitizer, the base should be **at least 60% alcohol** and **should not be wiped off.**

