

Practice Readiness Reflection Paper



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NR325: Adult Health II

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Practice Readiness Reflection

This paper aims to weave the NCLEX-RN Test Plan into the fabric of our clinical judgment, closely inspecting and tightening the strands of clinical experience that either fall into place or disrupt the flow of the fibers. Whether the experience is perceived as a hindrance or aid, it creates an opportunity for reflection and greater analysis of areas requiring improvement. Based on the NCLEX-RN® test plan (2023), there are four major client needs categories, of which two can be further subdivided.

The first client needs category is “Safe and Effective Care Environment,” which focuses on creating an environment conducive to better patient outcomes (NCLEX-RN® test plan, 2023). It can be further subdivided into “Management of Care” and “Safety and infection control” (NCLEX-RN® test plan, 2023). The first subcategory focuses on appropriate distribution of nurse’s workload, timing, interventions, delegations, and conflict resolution within the scope of practice, while the latter focuses on avoiding the aggravation of the patient’s health (NCLEX-RN® test plan, 2023).

The next two categories are “Health Promotion and Maintenance,” and “Psychosocial Integrity” (NCLEX-RN® test plan, 2023). The first of the two encompasses care and education that promotes health across various life stages and developmental experiences, while the second contains the assessment of coping abilities, support systems, and care that promote psychosocial health (NCLEX-RN® test plan, 2023).

Lastly, “Physiological Integrity” can be divided into “Basic Care and Comfort,” which addresses comfort and assistive measures to perform activities of daily living; “Pharmacological and Parenteral Therapies” addresses care related to medication and therapy administration; “Reduction in Risk Potential” focuses on deterioration and complication prevention related to