


RUA: Practice Readiness Paper

Chamberlain College of Nursing
NR 325 Adult Health II
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As a nurse, the care you are to provide must be professional and effective while utilizing our critical thinking skills to determine clinical decisions. To provide the best possible care a nurse must also be skilled in communication and in working alongside other medical professionals. Patient centered care is multifaceted and is built upon four main client needs including Safe and Effective Care Environment, Health Promotion and Maintenance, Psychosocial Integrity, and Physiological Integrity. Within the need of a safe and effective care environment are the subcategories of effective management and safety and infection control. Physiological integrity in regard to the patient is reducing potential risks, providing basic care and comfort, providing pharmacological and parenteral therapies, and guiding patients to thrive with physiological adaptations.

Reviewing these topics, which are found in the NCLEX-RN test plan assist nursing students throughout their journey from student to licensed practicing nursing. In every client needs category there are activity statements which guide the nurse's scope of practice. It should be understood that the educational aspect of nursing is not complete after graduation. We as nurses should continue our educational and professional development through clinical practice and self-