

## **Week 8 Collaborative Cafe**

This course has reinforced key nursing concepts that will shape my future practice. Holistic, patient-centered care has broadened my approach, emphasizing the importance of addressing physical, emotional, social, and spiritual health (OpenStax, 2023). Evidence-based practice (EBP) has also been pivotal, ensuring clinical decisions are grounded in current research for optimal patient outcomes (Lippincott Williams & Wilkins, 2014). Additionally, developing advanced clinical judgment has strengthened my ability to navigate complex patient scenarios safely and effectively.

The course assignments have been instrumental in achieving Program Outcome 1, emphasizing high-quality, safe, patient-centered care. Case studies and research projects have enhanced my ability to integrate emerging evidence into practice, particularly in areas like chronic disease management. By staying informed on the latest healthcare advancements, I will continue refining my clinical reasoning and advocating for best practices to improve patient care as a master's-prepared nurse.

### **References:**

American Nurses Association. (2023, June 1). What is Evidence-Based Practice in Nursing? Retrieved from <https://www.nursingworld.org/content-hub/resources/workplace/evidence-based-practice-in-nursing/>Links to an external site.

Lippincott Williams & Wilkins. (2014, May). Evidence-Based Practice and Contextual Care. *Holistic Nursing Practice*, 28(3), 137-140. Retrieved from [https://journals.lww.com/hnpjjournal/fulltext/2014/05000/evidence\\_based\\_practice\\_and\\_contextual\\_care.1.aspx](https://journals.lww.com/hnpjjournal/fulltext/2014/05000/evidence_based_practice_and_contextual_care.1.aspx)Links to an external site.

OpenStax. (2023, September 1). 6.1 Patient-Centered and Holistic Health Care. In *Fundamentals of Nursing*. Retrieved from <https://openstax.org/books/fundamentals-nursing/pages/6-1-patient-centered-and-holistic-health-care>

## **Week 8 - Collaboration Cafe: peer response #1**

Your reflection highlights key nursing concepts that will shape your future practice. Clinical reasoning, holistic care, mental health awareness, cultural competency, and interdisciplinary collaboration are essential for high-quality patient care. Strong clinical reasoning skills support informed decision-