

Harvey Hoya iHuman Notes/EHR

Questions Asked -

Pivotal Concept Addressed	Category	Question	Response
●	HPI	How can I help you today?	I was recently at a health fair in my community where I had my blood pressure checked. The nurse told me that I should see a doctor because my pressure is too high. I think she said 170/92 or something like that. Do those numbers sound right? Anyhow, my wife was concerned and made the appointment.
●	HPI	Do you have any other symptoms or concerns we should discuss?	No, not really.
●	HPI	When did your high blood pressure start?	I don't know. I remember some doctor years ago saying I should watch my diet because my pressure was a bit high...but I felt well and really didn't pay him much attention.
●	HPI	How severe is your high blood pressure?	High enough that the nurse urged me to come in.
●	HPI	Does anything make your high blood pressure better or worse?	I don't know. I haven't been paying any attention.
●	HPI	What treatments have you had for your high blood pressure?	I don't have a regular doc. This is really my first visit.
●	HPI	What treatments have you had for the pain in your knee(s)?	I take ibuprofen.
●	HPI	Does anything make the pain in your knee(s) better or worse?	The ibuprofen makes in better.
●	PMH	Can you tell me about any current or past medical problems you have had?	Other than the high blood pressure I mentioned, I don't think I really have any. Maybe just a little bit of acid stomach. Somebody told me I had gastritis once. And I have achy knees. I don't really see a doctor on a regular basis, just when I need to.
●	PMH	Do you have high cholesterol?	I don't know.
●	PMH	Any previous medical, surgical or dental procedures?	I had my ACL repaired in my right knee. Nothing else.
●	PMH	Are your immunizations up to date?	I got all the childhood stuff. Nothing since.
●	PMH	Have you had a flu shot this year?	No.

●	PMH	Are you taking any over-the-counter or herbal medications?	Yeah, I take omeprazole over the counter for my stomach. I get reflux sometimes after a spicy dinner but I take that omeprazole like the box says, and it takes care of the heartburn, no problem. I also take ibuprofen over the counter a couple of mornings a week for achy knees. My job has taken a toll on them over the years. I take about 4 pills to get the ache to calm down but that seems to work.
●	PMH	Are you taking any prescription medications?	No, I don't have prescriptions.
●	PMH	Do you have any allergies?	I don't think so.
●	FH	Tell me about the health of your grandparents, parents and children.	My father passed away at 62 from a stroke. Mom's 78 and has diabetes, my grandmother had that too but she passed when she was 82. My father's father passed away when he was 52 and he had a heart attack. I don't know if it matters but, I have brother who is 48 and an uncle who is 79. They have high blood pressure - they've had that since their 40s. My son is 19, he's doing okay.
●	SH	Tell me about your work.	I work construction. Flooring installation mostly. Also some cabinet work.
●	SH	Do you now or have you ever smoked or chewed tobacco?	Yeah. About a pack a day since my 20s.
●	SH	Do you drink alcohol? If so, what do you drink and how many drinks per day?	Not very often. Only on weekends.
●	SH	Do you use any recreational drugs? If so, what?	Lord, no.
●	SH	Can you tell me about your diet? What do you normally eat?	I have a cup of coffee in the morning, grab some fast food near the job site for lunch and I like my TexMex food for dinner. I like my chips, too, when watching TV.
●	Symptom	Do you have any pain in your chest?	No. I do get stomach burning, but I think I would know the difference.
●	Symptom	Do you have hearing loss?	No.
●	Symptom	Does your chest feel tight or heavy?	No.
●	Symptom	Do you awaken at night coughing?	No.
●	Symptom	Do you sleep with pillows to help you breathe?	No.
●	Symptom	Do you have nausea and/or vomiting?	No.

●	Symptom	Do you have a problem with constipation?	Nope.
●	Symptom	Do you have diarrhea?	No.
●	Symptom	Do you have any tingling and/or numbness anywhere?	No.

In addition to the relevant problem-focused questions mentioned above, communication techniques promote rapport-building and unbiased data-gathering during the patient's history. Examples of key techniques in this case include:

● Performed ✗ Missed

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●	Comm	What symptom is the most distressing for you?	Well, my wife wants you to check out my blood pressure. I'm not sure I'm distressed about it, but she is. Can't have that. Happy wife, happy life, you know.
●	Comm	How does this affect your life?	It doesn't really affect me all that much to be honest. Other than worrying my wife, which I'd rather not do.

EHR Documentation -

Reason for encounter - High Blood Pressure

HPI:

PMH: Gastritis

Hospitalizations/Surgeries: Right knee ACL repair

Medications: Omeprazole, Ibuprofen 200-400 mg

Allergies: NKA

Preventative Health: Childhood immunizations "none since", no annual flu shot

Family History:

Father (Death at 62)

stroke Mother 78: DM

Grandmother: DM, Death at 82

Grandfather heart attack death at 52

Brother HTN

Uncle HTN

Son living in good health (19 yo).

Social History: Works construction doing flooring installation and cabinet work. Drinks alcohol on weekends. Smoke 1 pack per day since age 20s. Denies recreational drug use.

Diet consists of cup of coffee in the morning, fast food, texmex style food, chips.