



Antidepressant and Mood Stabilizer Medication Table

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THIS ASSIGNMENT SHOULD BE SUBMITTED TO THE WEEK 5 MEDICATION TABLE DROPBOX BY SUNDAY

Name	Indication, starting dose, target symptoms, and affected neurotransmitters	Half-life (T1/2) CYP450 enzyme	Notes/Notable side effects/Precautions
SSRIs			
Citalopram (Celexa)	Indication: Depression Starting dose: 20 mg daily Target symptoms: Depressed mood, Anxiety, Panic attack, Hyperarousal, Avoidant behavior, Sleep disturbance, both Insomnia and hypersomnia. Affected neurotransmitters: Serotonin	Half-life: 23-45 hours CYP450: Weak inhibitor of CYP2D6 Metabolized by CYP3A4 & CYP2C19	Notable side effects ❖ Insomnia, Diarrhea, decreased appetite, dry mouth due to increase in serotonin concentration at the serotonergic receptors in the brain and body. ❖ Sedation, dizziness, fatigue, and antihistamine effects. ❖ Sexual dysfunction (decreased libido, anorgasmia) ❖ Sweating, ❖ Bruising and rare bleeding Precautions/Warning: Monitor patients for activation of serotonin syndrome, especially children and adolescents. When treating children, carefully weigh the benefits of pharmacological treatment against the benefits of nontreatment with antidepressants and ensure documentation of this in the patient's chart. Use with caution in patients with hepatic impairment.

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			Use with caution in patients with b treated with concomitant mood-st Agent.
Escitalopram (Lexapro)	Indication: Major depressive disorder, Generalized anxiety disorder (GAD) (ages 7 and older). Starting dose: 10 mg daily Target symptoms: Depressed mood, Anxiety, Panic attack, hyperarousal, avoidant behavior, Sleep disturbance, both insomnia and hypersomnia. Neurotransmitters: Serotonin	Half-life: 27-32 hours CYP450: Substrate CYP2C19 & CYP3A4. No significant action on CYP enzyme	Notable side effects ❖ Insomnia, Diarrhea, decrea mouth dues to increase in concentration at the seroto the brain and body. ❖ Sexual dysfunction (decrea anorgasmia) ❖ Syndrome of inappropriate hormone secretion (SIADH) ❖ CNS effect (dose depende agitation, dizziness, tremor Precautions/Warning: Monitor patients for activation of s especially children and adolescent When treating children, carefully v benefits of pharmacological treatm and benefit of nontreatment with make sure to document this in the Warn patients and caregivers, whe possibly activating side effect provider immediately. Use with caution in patients with h Use with caution in patients with b treated with concomitant mood-st

Fluoxetine (Prozac)	Indication: MDD (8 years older), OCD (age 7 years and older) Bulimia nervosa Panic disorder Bipolar depression (in combination with olanzapine) Premenstrual dysphoric disorder Treatment resistance depression (in combination with olanzapine) Starting dose: 20 mg per day Target symptoms: Depressed mood, Sleep disturbance, both insomnia and hypersomnia Energy, motivation, and interest. Neurotransmitters: Serotonin	Half-life: 2-3 days CYP450: Inhibits CYP2D6 & CYP3A4	Notable side effects: ❖ Autonomic (Sweating) ❖ Insomnia, Diarrhea, decreased dry mouth due to increased concentration at the serotonergic receptors of the brain and body. ❖ Sexual dysfunction (decreased desire, anorgasmia) ❖ Syndrome of inappropriate secretion (SIADH). ❖ CNS effect (dose dependent) headache, agitation, dizziness ❖ Rare seizures ❖ Rare induction of mania. Precautions/Warning: Add or initiate other antidepressants to 5 weeks after discontinuing Fluoxetine Use with caution in patients with bipolar disorder treated with concomitant mood-stabilizers Use with caution in patients with suicidal ideation When treating children, carefully weigh the benefits of pharmacological treatment against the risks and benefits of nontreatment with placebo. Make sure to document this in the chart.
Fluvoxamine (Luvox)	Indication: Obsessive-compulsive disorder (OCD)(fluvoxamine and fluvoxamine CR)	Half-life: 9-28 hours CYP450: Inhibits CYP1A2, CYP2C9/2C19 & CYP3A4	Notable side effects: ❖ Sexual dysfunction (men: decreased ejaculation, erectile dysfunction; women: decreased libido)

	Social anxiety disorder (fluvoxamine CR) Starting dose: 50 mg daily Target symptoms: Depressed mood Anxiety Neurotransmitters: Serotonin		❖ sexual desire, anorgasmia) ❖ Gastrointestinal (decrease nausea, diarrhea, constipation) ❖ Mostly CNS (insomnia but tremors, headache, dizziness) Note: patients with bipolar or undiagnosed ❖ bipolar or psychotic disorders vulnerable to CNS activation ❖ Autonomic (sweating) ❖ Bruising and rare bleeding ❖ Rare hyponatremia Precautions: Add or initiate other antidepressants to 2 weeks after discontinuing Fluvoxamine Use with caution in patients with bipolar treated with concomitant mood-stabilizers Use with caution in patients with hypothyroidism May cause photosensitivity. Monitor patient for activation of suicidal thoughts especially children and adolescents
Paroxetine (Paxil)	Indication: Major depressive disorder (paroxetine and paroxetine CR) Obsessive-compulsive disorder (OCD) Panic disorder Premenstrual dysphoric	Half-life: Approximately 24 hours. CYP450: No active metabolites Inhibits CYP2D6	Notable side effects: ❖ Sexual dysfunction (dose-dependent) ❖ delayed ejaculation, erectile dysfunction and women: decreased sexual desire, anorgasmia) ❖ Weight gain ❖ Syndrome of inappropriate hormone secretion (SIADH)