

1. Which characteristic is most indicative of narcissistic personality disorder?
 - a. Ongoing need for admiration
2. A 25-year-old client presents with irritability, insomnia, and excessive energy. She states she has felt this way for about a week. Last month, she reports that she felt “really down” and slept most of the time. She endorses a pattern of “ups and downs” in her mood at least half of the time over the past few years. Which diagnosis is most consistent with the client's symptoms?
 - a. Cyclothymia
3. Select an appropriate initial medication choice for a 75-year-old with a new diagnosis of major depressive disorder
 - a. Escitalopram 10 mg daily
4. An inpatient client has a CIWA-AR score of 12. What is the most appropriate action by the nurse practitioner?
 - a. Prescribe STAT dose of oral lorazepam and re-assess CIWA-AR every hour
5. A client presents herself with difficulties following her divorce from an abusive spouse. She states that she is afraid of being on her own because she is worried that she won't be able to take care of herself. She is currently living with her sister because she can't decide whether to get an apartment or buy a house. Though she's only been divorced for a few weeks, she's been on several dates through a dating website in the hopes of finding another partner soon. The client's symptoms are consistent with which diagnosis?
 - a. Dependent personality disorder
6. Which of the following are characteristics of borderline personality disorder?
 - a. Tumultuous interpersonal relationships and short-lived psychotic episodes
7. When conducting a cognitive assessment, what does the question “what did you have for

dinner last night” assess?

a. Recent memory

8. A client is concerned that he won't pass a urine drug screen at his new job because he used marijuana three days ago. What is the most appropriate response by the psychiatric mental health nurse practitioner?

a. Marijuana can be detected in the urine for up to 7 days

9. Which symptoms are associated with the anxious distress DSM specifier for major depressive disorder?

a. Feeling restless, excessive worry

10. A client is interested in therapies to augment his medication treatment for mild major depressive disorder. What are appropriate recommendations?

a. CBT and exercise three times per week

11. A client presents with ataxia, short-term memory loss, and nystagmus. The client has a history of prolonged, heavy alcohol use. What is the most likely diagnosis?

a. Wernicke Encephalopathy

12. _____ diagnosed with major neurocognitive disorder due to Alzheimer's disease. What pharmacological therapy would be anticipated?

a. Memantine

13. _____ presents for treatment following a break-up with her girlfriend. She is dressed in a short skirt and low-cut blouse. She is very friendly and dramatically provides intimate details about several past relationships. The client's presentation is consistent with which personality disorder?

a. Histrionic personality disorder

14. Which statement indicates that a client understands education regarding the treatment Lithium?

a. "I should take all my medications as prescribed and get lab work drawn as ordered."

15. A 50-year-old client presents with fatigue and poor motivation to the point that she is avoiding work. She reports that for the past several weeks she has had a poor appetite and sleeps over 14 hours per day. She notes that last month, she felt “much better” had lots of energy, and didn’t need much sleep. She went on several shopping sprees that caused her checking account to be overdrawn. Which diagnosis is most consistent with the client’s symptoms?
- Bipolar I disorder
16. A client with substance use disorder is experiencing cravings and withdrawal symptoms. The client is currently receiving inpatient therapy. Which is the most appropriate diagnosis?
- Substance use disorder in a controlled environment
17. Which of the following best describes substance use disorder?
- Prolonged use and abuse of a substance
18. An inpatient client has a CIWA-AR score of 7. What is the most appropriate action by the nurse practitioner?
- Reassess CIWA-AR every 5 hours; do not prescribe medication at this time
19. Which client is most likely to experience delirium?
- A client admitted to the ICU after his hip surgery
20. Which sign is commonly seen in clients experiencing mild alcohol withdrawal?
- Tremors
21. A client presents to the emergency department with increasing anxiety, dry mouth, and rapid heartbeat about two hours after consuming several marijuana edibles. What is the most likely diagnosis?
- Cannabis-induced anxiety disorder
22. A 74-year-old client presents with difficulty finding words. A MoCA assessment was