

1. A client wishing to use medication assisted treatment for opioid use disorder expresses concerns that her roommates may try to steal her medication to get high. Which medication is the most appropriate options for the client?
 - A. **Buprenorphine/naloxone**
 - B. Methadone
 - C. Naloxone
 - D. Buprenorphine
2. Which of the following is the best predictor for antisocial personality disorder?
 - A. A diagnosis of ADHD at age 14
 - B. **A diagnosis of conduct disorder at age 13**
 - C. A diagnosis of attachment disorder at age 6
 - D. A diagnosis of anxiety at age 11
3. Which of the following is a tool that may be used to screen for any type of substance use disorder?
 - A. CAGE
 - B. DAST-10
 - C. **SBIRT**
 - D. CIWA-Ar
4. Which of the following would be included in the treatment plan for a client with antisocial personality disorder?
 - A. **Group therapy**
 - B. Involuntary commitment
 - C. Reward-based therapy
 - D. Methylphenidate
5. Which description best describes cluster A personality disorders?
 - A. **Characterized by odd, eccentric thinking or behavior**
 - B. Characterized by dramatic, overly emotional, or unpredictable thinking or behavior
 - C. Characterized by oppositional or sadistic behavior
 - D. Characterized by anxious, fearful thinking or behavior
6. Which characteristic is most indicative of narcissistic personality disorder?
 - A. Substance use behavior
 - B. Inability to monitor reality
 - C. **Ongoing need for admiration**
 - D. Unusual ideas of reference
7. A 25-year-old client presents with irritability, insomnia, and excessive energy. She states she has felt this way for about a week. Last month,

she reports that she felt “really down” and slept most of the time. She endorses a pattern of “ups and downs” in her mood at least half the time over the past few years. Which diagnosis is the most consistent with the client’s symptoms?

- A. Cyclothymia
 - B. **Bipolar II disorder**
 - C. Dysthymia
 - D. Premenstrual dysphoric disorder
8. Select an appropriate initial medication choice for a 75-year-old with a new diagnosis of major depressive disorder.
- A. Amitriptyline 50 mg daily
 - B. Sertraline 75 mg daily
 - C. Citalopram 40 mg daily
 - D. **Escitalopram 10 mg daily**
9. An inpatient client has a CIWA-Ar score of 12. What is the most appropriate action by the nurse practitioner?
- A. **Prescribe STAT dose of oral Lorazepam and reassess CIWA-Ar every hour**
 - B. Prescribe oral Lorazepam every 4 hours and reassess CIWA-Ar every hour
 - C. Reassess CIWA-Ar every 4 hours; do not prescribe medication at this time
 - D. Prescribe STAT dose of oral diazepam and reassess CIWA-Ar every 4 hours
10. Inattention and a variable level of consciousness are the hallmark symptoms of which condition?
- A. Neurocognitive disorder due to prion disease
 - B. Neurocognitive disorder with Lewy bodies
 - C. Neurocognitive disorder due to Alzheimer’s disease
 - D. **Delirium**
11. Which client is the best candidate for electroconvulsive therapy for major depressive disorder?
- A. A 25-year-old who continues to experience symptoms of depressive disorder 4 months after starting bupropion 100 mg daily
 - B. **A 45-year-old who continues to experience symptoms of major depressive disorder 6 months after switching to isocarboxazid**
 - C. A 29-year-old who continues to experience symptoms of major depressive disorder two months after adding amitriptyline to their daily regimen of paroxetine
 - D. A 32-year-old who continues to experience symptoms of major depressive disorder six months after starting sertraline 50 mg daily

12. A client presents with difficulties following her divorce from an abusive spouse. She states that she is afraid of being on her own because she is worried that she won't be able to take care of herself. She is currently living with her sister because she can't decide whether to get an apartment or buy a house. Though she's only been divorced for a few weeks, she's been on several dates through a dating website in the hopes of finding another partner soon. The client's symptoms are consistent with which diagnosis?
- A. Avoidant personality disorder
 - B. Histrionic personality disorder
 - C. Borderline personality disorder
 - D. **Dependent personality disorder**
13. Which of the following are characteristics of borderline personality disorder?
- A. Exaggeration of achievements and grandiosity
 - B. Acute sensitivity to criticism and fear of being disliked
 - C. **Tumultuous interpersonal relationships and short-lived psychotic episodes**
 - D. Exaggerated speech and suggestibility
14. When conducting a cognitive assessment, what does the question "what did you have for dinner last night" assess?
- A. Attention span
 - B. Remote memory
 - C. **Recent memory**
 - D. General knowledge
15. A client is concerned that he won't pass a urine drug screen at his new job because he used marijuana three days ago. What is the most appropriate response by the psychiatric mental health nurse practitioner?
- A. Marijuana can only be detected by taking a serum drug level
 - B. Marijuana can only be detected in the urine for 8 hours
 - C. Marijuana is a short acting drug that can only be detected in the urine for 24 hours
 - D. **Marijuana can be detected in the urine for up to 7 days**
16. Which symptoms are associated with the anxious distress DSM specifier for major depressive disorder?
- A. Symptoms worse in the morning, excessive worry
 - B. Delusions, weight loss
 - C. Flight of ideas, decreased need for sleep
 - D. **Feeling restless, excessive worry**