

History of Present Illness

What brings you to see me today?

- How long have you been feeling this way?
- Did something happen in your life that may have triggered these or lack of sleep?
- How is this current situation impacting your life?

The Psychiatric History

- Have you ever been hospitalized for any mental health issues?
- Have you ever had counseling or psychotherapy?
- Have you ever taken medications for your mental health in the past?
- Are you currently on any medications for mental health or sleep?

Medical History/Screening for General Medical Conditions -Document immunizations and screening tests such as pap smears, mammograms, or colonoscopies. Include the results and dates of screening tests.

- Do you have a primary care provider?
- Do you have any medical illnesses?
- Are you currently taking any medications or herbal supplements?
- Do you have any allergies to medications?
- Have you ever been hospitalized for any reason?
- Have you ever had surgery? Back surgery,
- Do you see your doctor for annual physical, colonoscopy, prostate
- Immunization?
- **Family Psychiatric History- Document diagnoses, hospitalizations, treatments, and the time frame.**
- Has any relative of yours ever been hospitalized for a mental health issue? No
- Has any blood relative of yours ever been diagnosed with a mental health issue? My mum, had many medical conditions, HTN, Arthritis
- Has any blood relative of yours had a history of seizures or dementia/Alzheimer's? When I was a child but I outgrew

Personal/Social and Developmental History

- Tell me a little bit about your childhood and how you grew up. How many siblings