

Psychiatric History Assignment Template

Information the client or representative told you

Initials: **CS**

Age: **35**

Gender: male

Include vital signs if provided. State not provided here if not available.

Blood pressure is 130/85

Heart rate 99

Respirations 14

98% on room air

98.1 oral temperature

Allergies (and reaction)

Medication: Penicillin

Food: none

Environment: seasonal allergies

History of Present Illness (HPI) Patient has been feeling anxious and depressed for a year.

Chief Complaint (CC)

"I have been feeling stressed and anxious since my wife started nursing school."

HPI

Click or tap here to enter text.

Patient states that he has been feeling anxious and stressed. He has been feeling this way for over a year now. Recently, his wife has went back to school to become a nurse. His wife started nursing school and it "has been a huge weight on my shoulders". They have 3 kids, and a lot of house and kid duties has been left up to him. His wife had to stop working fulltime due to her having to be in class. He has become stressed and anxious about getting the bills paid on time and taking care of the kids and it is a lot. Being anxious and stressed has taken "a toll on my relationship with my wife and has affected my work." He admits to constantly feeling his heart beating fast and having to talk to himself to relax.

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Current Medications: Include dosage, frequency, length of time used and reason for use; also include OTC or homeopathic if used. If no current medications, state "no current medications."

Medication (Rx, OTC, or Homeopathic)	Dosage	Frequency	Length of Time Used