

1. A 77-year-old Hispanic Catholic Nun (retired) who immigrated to the United States 15 years ago lives alone but in an apartment complex where her sister lives as well. She is being discharged home after a hospitalization for congestive heart failure with prescriptions for 8 different medications. She is considered at risk for noncompliance due to the following contributing factors except:
 - Ethnic background
2. A 78-year-old patient who is dying of colon cancer with metastases to the liver is refusing to eat or drink. He is alert and oriented, and states that he has no desire to eat, which is causing the family great distress. In order to best address the client and family, you should:
 - Educate the family that this is normal behavior in this situation
3. A 79-year-old female client resides independently in the community. The client's daughter is concerned because her mother insists on wearing a sweater and keeps all of the windows closed even though it is 90 degrees Fahrenheit outside. The nurse practitioner initially recognizes that this behavior may be related to:
 - age-related neurosensory changes that diminish awareness of temperature changes
4. An 88-year-old, being admitted to rule out lung cancer, is assessed using the short form of the Geriatric Depression Scale tool. When it is determined that the earned score is 9, the nurse practitioner initially:
 - asks if they have any thoughts of committing suicide
5. The area in which nurse practitioners have the greatest effect on the safe, effective medication therapy of an older client is:
 - educating the client to all aspects of the medication.

6. The Beers list is an effective tool for healthcare professionals prescribing and/or managing the medication therapy of older adults since it identifies medications that for this population:
 - have a higher than usual risk for injury
7. A client who reported, “a problem sleeping” shows an understanding of good sleep hygiene when:
 - limiting the afternoon nap to just 30 minutes
8. Common causes of dyspnea in the older adult may include which of the following?
 - Heart failure
 - Asthma
 - Chronic obstructive lung disease
 - Pneumonia
9. Common ethical issues in the nursing home may include which of the following?
 - Quality of life
 - Decision-making capacity
 - Preservation of autonomy
 - Surrogate decision making
10. The cost of nursing home care is significant. The primary payer for nursing home care is:
 - Medicaid and private pay.
11. Each of the following assessment finding is a contributor to an older client’s risk for falls except:
 - client has a history of contact dermatitis and psoriasis
12. Each of the following data supports the diagnosis of sleep apnea in the older adult except: