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Past Psychiatric History - *Includes all previous mental health psychotherapy and medication management. Be as specific as possible, include type of provider, name if provided, year(s) of treatment, types of services received, history of trauma, self-harm or suicidal ideation.*

Diagnosed with depression 2000-2002. Bipolar disorder diagnosed 2007-2008 after a "break" with tough work circumstances. Stable on current medications for years without recurrence of mood episodes. No history of suicide attempts. Client reports history of emotional and physical abuse during his childhood from his mother, unknown if treatment was involved during his childhood. History about possible ADHD (eval ~1998) but never formally diagnosed (Carlat, 2023). Comorbid mental disorders, depression, and cognitive impairment are common among Veterans initiating depression treatment through the Veterans Health Administration.

Medical History (PMHx) – *Includes active medical problems (currently getting managed) and past medical problems (resolved, intervention), hospitalizations, and surgeries. Depending on the CC, more info may be needed.*

Hypothyroidism - stable on levothyroxine. Patient reports his thyroid levels have been stable, with the last check being within normal range. No other significant medical history was reported (Carlat, 2023).

Family History (Fam Hx) - *History includes but is not limited to illnesses with possible genetic predisposition, comorbidities, and deaths. Reason for death of any deceased first-degree relatives should be included. Include parents, grandparents (if informant), and children. Include grandchildren if pertinent.*