

CPGs Related to Musculoskeletal and Rheumatologic Conditions

Collaboration Café

Pur pose

The purpose of the graded Collaboration Café is to engage students with their peers in an interactive dialogue to organize, integrate, apply, and critically appraise knowledge for nurse practitioner (NP) practice. Meaningful dialogue fosters the development of a learning community as ideas, perspectives, and knowledge are shared. This Collaboration Café supports the professional formation of the nurse practitioner role.

Course Out comes

This assignment enables the student to meet the following course outcomes:

- CO 1: Identify the most commonly prescribed agents in the major drug classes. (POs 1, 2)
- CO 2: Make appropriate evidence-based therapeutic treatment decisions for individual patients utilizing drugs from the major drug classes. (POs 1, 2)
- CO 3: Apply knowledge of pharmacokinetics, pharmacodynamics and pharmacogenomics in prescribing patient treatment. (POs 1, 2)
- CO 4: Distinguish internal and external environment factors affecting drug action, reaction, efficacy, and interaction. (POs 1, 2)
- CO 5: Identify client indicators of therapeutic, ineffective, adverse responses and side effects to drug therapy. (POs 1, 2)

Due Da t e

Initial posts are due to the discussion forum by Wednesday at 11:59 p.m. MT. Peer responses are due by Sunday at 11:59 p.m. MT. Students must post on a minimum of two separate days. A 10% late penalty will be imposed for initial posts posted after the deadline Wednesday at 11:59 p.m. MT, regardless of the number of days late. NOTHING will be accepted after 11:59 p.m. MT on Sunday (i.e., the student will receive an automatic 0).

Total Points Possible: 50 points

Preparing the Collaboration Café

Follow these guidelines when completing each component of the Collaboration Café. Contact your course faculty if you have questions.

General Instructions

Step 1: Identify your assigned client from the Week 4 Explore lesson. Your assignment is based on the first letter of your last name in the chart below. Review your assigned clinical application activity from the lesson. The client case link will take you to the page in the lesson where the respective case is located. Scroll to the bottom of the page to locate the client case.

Last Name	Client From Week 4 Lesson
D – F	Roberta Day

Roberta Day,

75-year-old female client (DOB: 3/17/1949),

Mrs. Roberta Day presents with complaints of pain in both hips for several months. She states that she enjoys going for walks in her neighborhood, and the pain worsens after movement. She also notes feeling stiff when she wakes up in the morning or after sitting for an extended period. She has been taking acetaminophen (Tylenol) over the counter for pain without relief. An X-ray was ordered to assist in confirming a diagnosis. At the follow-up appointment, Roberta was diagnosed with OA in her hips. Her physical exam and lab results are otherwise normal. The NP orders physical therapy and considers that pharmacotherapy may be appropriate.

Past Medical History: GERD, Gastric Ulcers

Allergies: None

Medications: omeprazole (Prilosec) 20mg PO daily

Social History: She has never smoked cigarettes and drinks one glass of wine with dinner every Saturday night.

Physical Exam:

- Height: 5 ft 9 in