

Dr. Johnson & Class,

1. Reflect on your learning experience in this course. Which concepts stood out to you and made an impact? How do you envision using these concepts in your future nursing practice as a master's prepared nurse?

Throughout this course, the concept that had the greatest impact on me was the importance of Clinical Practice Guidelines (CPGs) in guiding prescribing decisions for patients. Understanding these guidelines enhances my ability to make informed and ethical prescribing choices. I plan to incorporate CPGs into my future practice by relying on evidence-based recommendations to ensure accurate diagnoses and appropriate interventions. By utilizing CPGs, I can help patients manage their conditions through cost-effective, safe, and high-quality care, integrating both pharmacological and non-pharmacological treatment options. The role of nurse practitioners in improving patient safety, reducing medical costs, and enhancing overall healthcare quality is significant (Ljungbeck et al., 2021).

2. Describe how course learning activities and assignments will help you achieve Program Outcome 1: Provide high-quality, safe, patient-centered care grounded in holistic health principles.

The learning activities and assignments in this course have strengthened my ability to provide high-quality, safe, and patient-centered care by reinforcing the application of CPGs in clinical decision-making. These resources have not only deepened my understanding of pharmacologic treatments but also highlighted alternative interventions such as physical therapy, exercise, heat and cold therapy, and counseling. Additionally, the course has helped develop my critical thinking, procedural, and diagnostic skills, which are essential for advanced practice nursing (Rosenthal & Burchum, 2021). As a nurse practitioner, these competencies will support my ability to enhance patient outcomes, improve access to care, and uphold the principles of holistic health.

3. Describe how course assignments or activities will help you achieve ONE of the sub-competencies from the advanced-level nursing education competencies from AACN Essentials Competency 1.2 Apply theory and research-based knowledge from nursing, the arts, humanities, and other sciences.

One of the advanced-level nursing education competencies that this course has helped me achieve is ethical decision-making in patient care, specifically sub-competency 1.2h of the AACN Essentials, which emphasizes employing ethical principles in assessment, intervention, and evaluation. The course assignments have deepened my understanding of key ethical principles, including autonomy, beneficence, non-maleficence, patient justice, and advocacy. Prescriptive authority carries the responsibility of ensuring patient safety while considering cultural and social factors that influence well-being (Schlungegger et al., 2022). Patients rely on nurse practitioners to respect their healthcare choices while advocating for their best interests. This course has provided a strong foundation for integrating ethical decision-making into my