

Oisin Donahey, an 80-year-old male client (DOB: 10/5/1944), is seen by the NP at the residential nursing home where he lives. There is an outbreak of influenza A and B in this institution, and the client is currently asymptomatic and testing negative for flu. Oisin has comorbidities, placing him at high risk for severe disease if he were to contract the flu. The NP considers appropriate medication therapy in Oisin's situation.

Past Medical History: High Cholesterol, Type 2 Diabetes

Allergies: Penicillin

Medications: atorvastatin (Lipitor) 40mg PO daily, aspirin 81mg PO daily, metformin (Glucophage) 500mg PO BID

Social History: He quit smoking cigarettes 20 years ago and does not drink alcohol.

Physical Exam:

- Height: 6 ft 2 in
- Weight: 195 lbs
- Body Mass Index (BMI): 25
- Blood Pressure (BP): 120/80
- Heart Rate (HR): 79
- Respiratory Rate (RR): 17
- Oxygen Saturation (O₂ Sat): 98% on RA
- Temperature (TEMP): 98.6 oral

An appropriate prescription for Oisin is:

Name: Oisin Donahey

Date Of Birth: 10/5/1944

Date Prescribed: Current Date

Rx: oseltamivir (Tamiflu) 75mg

Disp: 42

Sig: Take one tablet by mouth once daily.

Refills (0-4): 0