

Week 8 Collaboration Cafe

Which concepts stood out to you and made an impact? One key for me was the significance of conducting thorough assessments, especially identifying clinical red flags that could point to more serious health concerns. As a Nurse Practitioner with prescribing authority, I recognize that medication adherence is crucial, not only for the patient's individual health outcomes but also for the broader efficiency of the healthcare system. Through various patient scenarios, I found that patient adherence and lifestyle changes play a critical role in managing chronic illnesses. This highlighted the importance of using education and motivational interviewing to support patients, reinforcing the need for a collaborative, patient-focused approach to care.

How do you envision using these concepts in your future nursing practice as a master's prepared nurse? As a future master's prepared nurse, I plan to integrate these concepts by conducting thorough, holistic assessments and focusing on effective communication and education to empower patients. I envision building strong therapeutic relationships that promote trust, adherence, and long-term health improvements, especially in populations managing complex or chronic illnesses. Medications are prescribed to manage chronic and treat acute illnesses. If patients don't take their medications as directed, they are less likely to achieve therapeutic goals, leading to disease progression, complications, or hospitalization. Encouraging compliance involves trust, education, and communication. When patients feel heard and understand the *why* behind each medication, they're more likely to follow through.

Describe how course learning activities and assignments will help you achieve Program Outcome 1: Provide high-quality, safe, patient-centered care grounded in holistic health principles.

The assignments and learning activities in this course are intended to enhance my capacity to deliver safe, effective, patient-centered treatment based on holistic health concepts.

I gain the critical thinking abilities required to evaluate and meet patients' physical, emotional, social, and spiritual needs through case studies, simulations, and evidence-based care planning.

I am encouraged to consider each patient as a complete individual rather than concentrating only on their disease process by assignments that incorporate ideas from public health, psychology, nursing philosophy, and sociology.

My understanding of the duties of other healthcare professionals has improved because of collaborative projects with interdisciplinary components, which also emphasize the value of teamwork and communication in providing safe, coordinated treatment.

In addition to improving my clinical judgment, these experiences equip me to support patient choices, cultural values, and tailored care strategies all of which are essential components of patient-centered, holistic nursing practice.

Here's how course assignments and activities help achieve each of the sub-competencies under AACN Essentials Competency 1.2. 1.2f: Synthesize knowledge from nursing and other disciplines to inform education, practice, and research

Students are encouraged to integrate perspectives from nursing science, psychology, sociology, public health, and the humanities through assignments such as theoretical framework analyses and interdisciplinary literature evaluations. This multifaceted approach fosters a comprehensive understanding of health issues and supports the development of well-rounded strategies for care,