

CHANA KUMAR iHuman: FATIGUE OVER THE PAST TWO MONTHS "Chana Kumar is an 86-year-old female

Primary Diagnosis: Iron deficiency anemia (ICD-10: D50.9)

MSAP: Fatigue due to iron deficiency anemia, with tachycardia and exertional dyspnea.

Physical Exam Findings:

- Vitals: HR 110 bpm, BP 138/92 mmHg, RR 16/min, SpO2 95%, Temp 98.2°F
- General: Tired appearance, conjunctival/palmar pallor
- CV: Early systolic murmur
- MSK: Bilateral knee pain
- Neuro: Alert, oriented x4

Labs:

- Hemoglobin: 8.5 g/dL (low)
- Hematocrit: 25.1% (low)
- Iron: 18 µg/dL (low)
- TIBC: 461 µg/dL (high)

DDX Rankings:

1. Iron deficiency anemia (most likely)
2. Heart failure (likely)
3. Malignancy (possible)
4. Deconditioning (possible)
5. Paroxysmal atrial fibrillation (less likely)
6. Hypothyroidism (less likely)
7. Depression (unlikely)

MNM:

- Malignancy (e.g., colorectal cancer)
- Acute coronary syndrome
- Pulmonary embolism
- Severe arrhythmia

Case Plan: