SOAP Note - Week 1 - NR 579

Patient Initials: AR Age: 72 Gender: M Date: 5/06/2026

SUBJECTIVE:

CC: Irregular mole on right shoulder, onset 6 months ago, changes in size, color and irregularity over the last 3-4 months.

HPI: Patient is a 72-year-old male who presents with a mole on the right shoulder with irregular borders, multiple colors, with significant changes over the last 2-4 months. Pt reports lesion is painless, non-tender, and is annoying him as it catches on his clothing. Pt denies any aggravating or relieving factors and has sought no previous treatment.

ROS:
General: Denies fever, weight loss/gain, loss of appetite, fatigue, weakness, or pain.
Skin, hair, nails: Mole on right shoulder that is asymmetric, multi-colored, irregular border, and 4mm in diameter. Pt denies any bleeding, bruising, lacerations, tenderness or pain.

PMH: HTN, COPD, osteoarthritis, hyperlipidemia.
PSH: Bilateral knee arthroplasty, 7 years ago.
IMMUNIZATIONS: Current flu shot, Covid vaccinations x2.
FAMILY HISTORY: Mother deceased, father died of lung cancer, denies any family history of DMII, skin, or pancreatic cancer (*Treatment of Melanoma by Stage*, 2024).
SOCIAL HISTORY: Pt reports multiple sunburns as a younger man, 80 pack year smoking history, quit 10 years ago, consumes 2 beers nightly. Worked as a farmer, with long-term exposure to fertilizers and petroleum-based lubricants. Pt is married with 1 daughter.
SPIRITUAL HISTORY: Denies spiritual needs.
CURRENT MEDICATIONS: Lisinopril, atorvastatin, diclofenac gel 1%, albuterol Albuterol MDI, Breztri Aerosphere.
ALLERGIES: NKDA, NKFA

Objective:

Vital Signs –
BP: 128/84 HR: 79 RR: 16 SPO2: 97% T: 98.6 Pain: 0/10
Ht: 72” Wt: 179lbs BMI: 24.3

General: Alert and oriented x4. Mood and affect are appropriate to the setting and situation. Pt is well hydrated, well-developed adult male in no acute distress. Multiple small moles and lentigos are scattered throughout the back and abdomen.
Skin/Derm: Irregular pigmented lesion on left shoulder measures 4mm. Lesion is asymmetric, multiple colors and irregular borders. Lesion was noted 6 months ago with significant changes in size and shape noted over the last 3-4 months. There is tenderness to palpation noted and no bleeding.