

NR 601 Week 1 Quiz

Question 1

Which of the following is an age-related, not pathological, physiological change?

- A. Increased collagen and elastin in arteries
- B. Intermittent tinnitus
- C. Reduced gas exchange efficiency
- D. Progressive tremor

Correct Answer: C. Reduced gas exchange efficiency

Question 2

Which statement BEST reflects the concept of successful aging and appropriate provider actions to support health promotion in older adults?

- A. Successful aging emphasizes autonomy, functional ability, and active engagement, and providers should address access barriers and promote culturally sensitive, preventive care.
- B. Older adults define health primarily through the management of medical conditions, not through independence or quality of life.
- C. Health promotion is unnecessary beyond age 65 due to the inevitability of chronic illness and declining function.
- D. Successful aging is defined by the complete absence of disease and disability, and providers should focus solely on curative treatments.

Correct Answer: A. Successful aging emphasizes autonomy, functional ability, and active engagement, and providers should address access barriers and promote culturally sensitive, preventive care.

Question 3

Which individual is MOST appropriately utilizing Medicare Part D benefits?

- A. A patient enrolled in a Medicare Advantage plan that includes gym membership and over-the-counter drug coverage.
- B. A patient visiting their primary care provider for a diabetes check-up and durable medical equipment refill.
- C. A patient receiving inpatient care at a hospital and rehabilitation services in a skilled nursing facility.
- D. A patient picking up a monthly prescription for antihypertensive medication from a pharmacy under a Medicare-approved drug plan.

Correct Answer: D. A patient picking up a monthly prescription for antihypertensive medication from a pharmacy under a Medicare-approved drug plan.

Question 4

Which statement MOST accurately reflects the role and structure of Medicaid in the U.S. healthcare system?

- A. Medicaid provides healthcare coverage for eligible low-income individuals, but coverage may vary by state.
- B. Medicaid only covers children and pregnant women.
- C. Medicaid is a federally administered program with identical eligibility requirements in all 50 states.
- D. Medicaid functions only as a secondary insurance and cannot serve as a primary payer for any population.

Correct Answer: A. Medicaid provides healthcare coverage for eligible low-income individuals, but coverage may vary by state.

Question 5

What is the primary clinical use of the Karnofsky Performance Scale Index in the care of patients with serious illness?

- A. To assess functional impairment, guide prognosis, and evaluate response to treatment.
- B. To determine eligibility for Medicare hospice benefits exclusively.
- C. To measure cognitive function in individuals with dementia.
- D. To evaluate nutritional risk and predict weight loss in older adults.

Correct Answer: A. To assess functional impairment, guide prognosis, and evaluate response to treatment.

Question 6

Which statement best demonstrates an appropriate therapeutic communication strategy for supporting a dying patient and their family?

- A. Encourage open emotional expression, listen without judgment, provide clear explanations, and offer spiritual and caregiver support.
- B. Prioritize clinical efficiency over emotional expression to avoid caregiver burnout.
- C. Avoid discussing the dying process to prevent emotional distress and focus on positive topics only.
- D. Rely on written materials instead of in-person conversations to reduce emotional discomfort for the family.

Correct Answer: A. Encourage open emotional expression, listen without judgment, provide clear explanations, and offer spiritual and caregiver support.
