

NR601 iHUMAN Week 2 Chris Alvarez: Cardiovascular

Reason for Encounter

Start with open-ended patient-centric questions.

● Asked ✗ Not asked

Graded	Approach	Question	Response
●	CC Sx	How can I help you today?	I've been feeling very short of breath with everything I do; even when I'm doing nothing.
●	Assoc Sx	Do you have any pain in your chest?	I wouldn't say pain particularly. No. Not pain.
●	Assoc Sx	Do you have unusual heartbeats (palpitations)?	No, funny enough, never had any problems like that. Don't even know what that would feel like.
●	Assoc Sx	Do you have any other symptoms or concerns we should discuss?	My body feels heavy, fatigued. And, my gut and legs have been swelling.
●	Assoc Sx	Do you have a cough?	Yeah I do actually. It's so annoying.
●	Etiology	Have you been in a situation where you were sitting or lying still for a long time?	No, nothing like that recently.

OLD-CARTS for the HPI

● Asked ✗ Not asked

Graded	Approach	Question	Response
●	Onset	When did you first notice feeling short of breath?	About 2 months ago I started experiencing it more and more.
	Location		
	Duration		
●	Characteristics	Are you coughing up any sputum?	Just a little frothy white phlegm.
●	Characteristics	Do you wheeze?	I've heard myself wheeze off and on; nothing much.
●	Characteristics	Do you feel as if you are smothering or suffocating?	Yes, that's a good description. I have felt that way a few times.
●	Characteristics	Does your chest feel tight or heavy?	I can't say I've had that recently; I did before the stent was put in 6 months ago. See, I was diagnosed with coronary artery disease at that time.
●	Characteristics	Do you awaken at night short of breath?	Yes, I might fall asleep okay, but then a few hours later I wake up suddenly really short of breath.
●	Characteristics	Are you short of breath when lying down?	I can't tolerate being on my back for long. I get really short of breath. I'm now sleeping in the recliner to avoid sleeping on my back. That helps a lot.
●	Characteristics	Do you sleep with pillows to help you breathe?	Tried that. That didn't seem to work very well.
	Aggravating		
	Relieving		