

iHuman Week 2 NR601 Mei Yang 69F

CC - Chest pain

HPI - M.Y. comes in today with chief complaint of chest pain that started 5 days ago. The pain is not in one spot but generalized all over chest and does not radiate. Waxes and wanes. Feels like heaviness, and pressure. Aggravated by activity. Relieved by rest. Associated symptoms include shortness of breath and fatigue. Patient has not tried any medications for treatment. Rates pain 6/10 when pain is present. PMH of aortic stenosis, hypertension, hyperlipidemia, and coronary artery disease.

Problem statement - M.Y. is a 69-year-old female with PMH of coronary artery disease, hypertension, hyperlipidemia, aortic stenosis, and high BMI. Chief complaint of intermittent chest pain for past 5 days. Pain is localized to chest. Symptoms worsen with mild exertion, episodes lasting less than 5 minutes. Associated symptoms include dyspnea and fatigue. Symptoms relieved by stopping activity and resting, resolving in 3-5 minutes. Denies fever, recent illness, nausea, and vomiting. Assessment reveals mild tachycardia, regular heart rhythm, and pre-existing grade II systolic murmur. Pain is not reproducible with patient change in position or chest palpation.

Tests: EKG - Rate 108, regular rhythm. No ST elevation or depression. No evidence of ischemia.

CBC - WNL

CMP - WNL

Troponin - WNL

Lipid Panel - Total cholesterol: 239 (mod 200-239, high >239) HDL: 43 (risk) LDL: 169 (high risk >159) Triglycerides: 135 (normal 35-135)

Stress Echo - To be completed in 7 days: pending

Chest x-ray - Ribs without fracture, aorta without enlargement or calcification, no hilar congestion, clear, non-enlarged cardiac silhouette, no effusion or consolidation: no acute cardiopulmonary process or cardiomegaly.

SOAP Note

Subjective - Chest pain that started 5 days ago. The pain is not in one spot but generalized all over chest and does not radiate. Waxes and wanes. Feels