

# NR601 – Primary Care of the Maturing and Aged

## Exam Study Guide – Midterm Exam

**Exam Format:** Non-cumulative

**Question Type:** Multiple Choice

**Number of Questions:** 100

**Time Allotted:** 120 minutes

**Testing Timeframe:** The midterm exam will be available starting on **Wednesday of week 4 at 12:01 am MT until Friday of week 4 at 11:59 pm MT.**

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### 1. Exam Coverage

#### Content Areas:

- Week 1: The Maturing Adult Client
- Week 2: Coronary and Peripheral Vascular Disease
- Week 3: Cardiac Arrhythmias and Valvular Disorders
- Week 4: Respiratory Disorders

#### Learning Objectives Covered:

- **Week 1: Foundations of Aging**
  - Approaches to caring for the aging population
  - Aging theories and how they affect NP practice
  - Anticipatory guidance – lifestyle, fall prevention
  - Holistic assessment and health promotion for older adults – screening and prevention
  - Polypharmacy and pain management
  - Palliative Care and Hospice Care – assessment, PSPIKES, determining capacity
  - Advance care planning – POLST, Advanced Directives