

Performance Overview for [REDACTED] on case Lillie Hammond



The following table summarizes your performance on each section of the case, whether you completed that section or not.

Time spent: 2hr 27min 20sec

Status: Submitted

Case Section	Status	Your Score	Time spent	Performance Details
Total Score		77%		
History	Done	79%	16min 56sec	75 questions asked, 11 correct, 3 missed relative to the case's list
Physical exams	Done	65%	22min 3sec	30 exams performed, 6 correct, 3 partially correct, 3 missed relative to the case's list
Key findings organization	Done		3min 52sec	14 findings listed; 13 listed by the case
Problem Statement	Done		5min 49sec	124 words long; the case's was 77 words
Differentials	Done	60%	5min 42sec	6 items in the DDX, 3 correct, 2 missed relative to the case's list
Differentials ranking	Done	100% (lead/alt score) 80% (must not miss score)	1min 19sec	
Tests	Done	100%	1min 40sec	7 tests ordered, 0 correct, 0 harmful to patient, 0 missed relative to the case's list
Diagnosis	Done	100%	5sec	
Management Plan	Done		53min 2sec	426 words long; the case's was 251 words
Exercises	Done	100% (of scored items only)	4min 51sec	1 of 1 correct (of scored items only)

Attempt: 3433255

Report generated on 2/17/2025, 1:02:08 PM America/New_York

Problem Statement by Alexis Clermont on case Lillie Hammond



LM is a 24 year old female who was referred to us for mood changes. She expresses concerns over her increased irritability, impulsivity, and risky behavior for an 8-day period about 2 weeks ago. She states that 2 weeks ago she had an "episode" of increased energy, uncontrollable behavior including spending unnecessary money and drinking more than she typically would. She also began to develop a business in order to "save peoples' souls." She reports her family is worried about her due to the episode of drastic mood change and pressured speech. Reports insomnia during that period, only sleeping 2-3 hours per night. She reports a hx of depressive episode, in college, that lasted several months. Her PE was not significant for physical findings.

Attempt: 3433255

Report generated on 2/17/2025, 1:02:08 PM America/New_York

Management Plan by Alexis Clermont on case Lillie Hammond



1. Diagnostic Tests

CBC, CMP, TSH, ESR, RPR, HIV, urine toxicology

2. Medications

Lithium 300mg BID (titrated to a therapeutic level)

(Marzani & Neff, 2021)

Folic acid 3mg PO QD

(VA.gov | Veterans Affairs, 2023)

Vitamin B12 2.4mcg PO QD

(De Iorio et al., 2023)

3. Suggested Consults

Possible referral to psychiatrist or psychologist for behavioral therapy

4. Client Education

Lithium education: Lithium is a medication to help stabilize mood and prevent future mood swings. 300mg PO BID is starting dose and may be adjusted every 2-3 days as tolerated until therapeutic levels are reached. Do not stop taking Lithium or change dosage without consulting your PCP first. If missed dose, take within 3 hours of usual time. Do not double dose the next day if a dose is missed. Do not take water pills, NSAIDs, or sodium bicarbonate while on Lithium. Avoid alcohol the first week then may drink in moderation (1-2 beers). Common side effects include headache, nausea, diarrhea, vomiting, drowsiness. Call PCP or go to ER immediately if any adverse effects occur including severe hand tremors, vision changes, confusion, or unsteadiness when walking. Black box warning of lithium toxicity.

(Lithium | NAMI, 2024)

Psychotherapy may also be beneficial in managing this condition. Cognitive behavioral therapy may help you become aware of thoughts that are harmful or inaccurate and then questioning those thoughts to understand how the thoughts affect your emotions or behavior. The end goal is to change the self-defeating behavior.

Psychotherapy also aids in identifying healthy coping strategies to develop problem-solving strategies, enhancing social skills with others, applying relaxation techniques, tracking emotions and behaviors, and using supportive counseling to identify worrisome issues and receive emotional support.

(National Institute of Mental Health, 2024)

5. Follow-up

Lab work monitoring: 5-7 days after initial dose and 5-7 days after changing dose. Once on stable dose, labs drawn every 6-12 months.