

Jenny Regliado

22 years old

Reason for encounter: vaginal itching and discharge

Interview:

1. How can I help you today?- lot of vaginal itching, very uncomfortable
2. Any other symptoms or concerns?- some discharge with the itching.
3. Most distressing symptom?-feeling embarrassed and uncomfortable

4. 📄 When did the itching and discharge start? (acute vs chronic)—started 5 days ago after a bath using new bath bomb her husband got for her.
5. 📄 How severe is the itching? Constant or intermittent?—moderate discharge/discomfort.
6. 📄 Location: just vaginal, vulvar, or spreading? Vaginal itching
7. 📄 Any odor with the discharge? No smell
8. 📄 Color, consistency, and amount of discharge? (white, gray, yellow, green, thick, watery, clumpy)-white thick
9. Nothing make it better or worse
10. 📄 Any associated pain, burning with urination, or pain with intercourse? No pain or burning
11. 📄 Any sores, bumps, or lesions?
12. Patient bough some miconazole OTC and did 3-day treatment. It did not work this time.

13. 📄 Are you sexually active? If yes, with how many partners?- yes, just with her husband
14. 📄 Use of condoms or other protection?- no condoms or any other protection
15. 📄 Any history of STIs?- tested for gonorrhea, chlamydia, HIV, syphilis two years ago- negative, negative pap smear two years ago
16. 📄 Last menstrual period and cycle regularity- last period three weeks ago
17. 📄 Use of hormonal contraception or IUD- uses IUD
18. 📄 History of yeast infections, bacterial vaginosis, or other vaginal infections
19. 📄 Pregnancy status- not pregnant per patient
20. 📄 Recent antibiotic use (predisposes to yeast infection)

No medication used recently

On IUD- Levonoregestrel 19.5 mg

21. 📄 Immunocompromising conditions (e.g., diabetes, HIV)—no medical history—had some itching and discharge before
22. 📄 Allergies, new soaps, detergents, douches, or feminine hygiene products—use of new bath bomb. –no known allergies.
23. 📄 Recent changes in hygiene, bathing, or sexual practices—yes , used bath bomb
24. 📄 Clothing (tight, synthetic underwear can contribute to irritation)

25. 🍷 Diet or probiotic use---try to eat healthy, use chick-fil-a

History of present illness

1. Reason for encounter: vaginal itching and discharge
2. History of present illness:

Jenny Regliado is a 22-years old female who presents with vaginal itching and white thick discharge for the past 5 days. Symptoms started after using a new bath bomb. She describes the itching as moderate, localized to the vagina, and constant. It causes significant discomfort and embarrassment. She denies odor, pain with urination or intercourse, fever, or any other systemic symptoms. She has tried 3-day course of OTC miconazole without improvement. She is sexually active with her husband only, uses a levonorgestrel IUD, and has no history of recent antibiotics or known allergies. Her last pap smear and STI screening two years ago were negative.

Review of systems

3. General: Denies fever, chills, or malaise.
4. HEENT/Neck: Denies sore throat, congestion, or lymphadenopathy.
5. Cardiovascular: denies chest pain, palpitations.
6. Respiratory: denies shortness breath or cough.
7. Gastrointestinal: Denies nausea, vomiting, diarrhea or constipation.
8. GU: Vaginal itching for 5 days, white thick discharge, no odor, no pain with urination. Denies hematuria or dysuria. Denies pelvic pain.
9. Musculoskeletal: Denies joint pain or muscle aches.
10. Neurologic: Denies headache, dizziness, or focal deficits.
11. Integumentary/breast: vaginal skin irritation and burning due to itching. No rashes or lesions.
12. Psychiatric: denies anxiety, depression, or mood changes apart from embarrassment from vaginal itching.
13. Endocrine: denies polyuria, polydipsia, or unexplained weight changes.
14. Hematologic/lymphatic: denies easy bruising or bleeding
15. Allergic/immunologic: no known allergies. Recent use of new bath bomb likely triggered irritation.

Past medical history

1. PMH- denies any past medical history
2. Hospitalization/surgeries- denies any surgeries or hospitalization
3. Preventive health

Last physical exam year ago, up to date on immunization, pap smear negative two years ago, Levonorgestrel IUD in place for contraception.

4. Medications- no medication