

Week Three Quiz Summary

Here is the Week Three Quiz Summary:

- According to the Centers for Disease Control and Prevention (CDC, 2022), pediatric anxiety disorders are among the most diagnosed mental health disorders, affecting 9.4% of U.S. children and youth (approximately 5.8 billion).
- Cognitive-behavioral therapy (CBT) is the most common psychotherapeutic approach for pediatric clients, often combined with an SSRI.
- The onset of obsessive-compulsive disorder (OCD) is gradual with up to 25% of cases emerging between the ages of 8-12 years (Preston et al., 2021).
- Fluoxetine is FDA approved for MDD, OCD, and bipolar disorder when combined with olanzapine (Symbax).
- Social anxiety disorder or social phobia in children causes clinically significant distress and interferes with daily activities. Physical symptoms may include blushing, stammering, nausea, difficulty speaking, or a racing heart. social anxiety may manifest with tantrums, crying, clinging, freezing up, or withdrawing from social situations.