

CHAMBERLAIN UNIVERSITY

COLLEGE of NURSING

NR606 – Diagnosis and Management in Psychiatric-Mental Health II

Exam Study Guide – Midterm Exam

Exam Format: Non-Cumulative exam

Question Type: Multiple Choice

Number of Questions: 75

Number of Points: 150 points

Time Allotted: 90 Minutes

Testing Timeframe: The midterm exam will be available starting on **Wednesday of Week 4 at 12:01 am MT until Friday of Week 4 at 11:59 pm MT.**

Exam Coverage

Week 1:

Content Areas:

- Ethical Considerations in Treating Children and Adolescents
 - Privacy and HIPAA
 - Informed consent
 - Prescribing considerations
 - Mandatory reporting
 - Prescribing Considerations for Maternal Mental Health Treatment
 - Considerations during pregnancy
 - Considerations for breastfeeding
 - Substance Use Disorder in the Perinatal Period
 - Substance risks
 - Ethical and legal considerations
 - Stigma
 - Assessment and screening
 - Treatment
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Key Concepts to Study

- What are barriers to seeking mental health care in children, adolescents and perinatal populations
- Social determinants and access to care in children and adolescents
- Developmentally appropriate teaching in children and adolescents
- Racial and ethnic barriers to treatment
- Know types of stigma: structural, self, public, intervention
- Parental access to child/adolescent's mental health records – legal aspects
- Ethical and legal principles of informed consent
- Mandatory reporting
- Explore physiologic differences in children that influence medication absorption, distribution, metabolism, and excretion.
- Understand the principles of dosing medications for children, including weight-based calculations and safety considerations.

Recommended Resources

- Canvas Modules: Week 1
 - Textbook Chapters:
Preston, J. D., O'Neal, J. H., Talaga, M. C., & Moore, B. A. (2021). *Child and adolescent clinical psychopharmacology made simple* (4th ed.). New Harbinger Publications, Inc.
 - Chapter 1: Issues in Psychopharmacological Treatment of Children and Adolescents
 - Gallaby, M., Woods, N., & Snellen, M. (2022). [How clinicians can support women in making decisions about psychopharmacological treatments in pregnancy](https://doi.org/10.1002/wps.20937) *World Psychiatry*, 21(1), 149-151. <https://doi.org/10.1002/wps.20937>
 - Sanmartin, M., Ali, M., Chen, J., & Dwyer, D.S. (2019). [Mental health treatment and unmet mental health care need among pregnant women with major depressive episode in the United States](#) . *Psychiatric Services*, 70(6), 503-506.
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