

## Week 5 Discussion: ADHD Case Study

### Initial post

*Dr. Morgan and Classmates,*

*First letter of first name is B, which is ADHD.*

### Case Study

A single mom was referred to the PMHNP by the pediatrician out of concern for her nine-year-old son of possibly having ADHD. This mom has had two other children who were diagnosed with ADHD at ages eight and ten with similar symptoms as her nine-year-old. The following includes information about her son including age, gender, diagnosis, symptoms, medical history, educational history, and family history.

*Age:* 9 years old Caucasian

*Gender:* Male

*Diagnosis:* Attention Deficit Hyperactivity Disorder (ADHD) combined type

*Symptoms:* lasting for 1 year

- difficulty making/keeping friends: poor frustration tolerance, not waiting turns in sibling activities, keeps interrupting people talking.
- not listening to parents, constantly getting in trouble at home for not listening
- forgettable daily routines such as brushing teeth
- difficulty completing tasks: start cleaning up room or other chores and get distracted to the point of not completing the original task assigned.
- gets upset and mad because unable to figure out homework
- excessive talking at home
- not waiting his turn at home with board games, taking a bath, etc. with siblings
- constant interrupting parents talking at home
- fidgeting, constantly having legs moving, and can't sit still in church
- is verbally loud while playing video games at home, and is repeatedly being told to not be so loud
- has trouble staying in seat and wants to constantly get up at church

*Medical History:* up to date on all immunizations, full-term at birth, otherwise healthy individual.

*Educational background:* Is in a reading recovery program at school.

- Information from her teacher at school:
- fidgeting, constantly having legs moving, can't sit still in class
- has trouble staying in a seat and wants to constantly get up in the classroom
- plays very loudly during center time at school, and is being told multiple times to quiet down or use inside voice