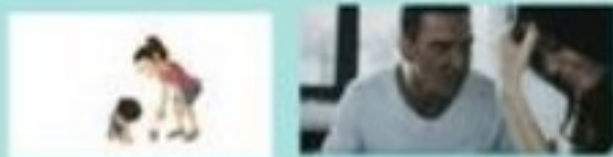


# WHAT IS ADVERSITY?

Adverse Childhood Experiences (ACEs) are highly stressful, and potentially traumatic, events or situations that occur during childhood and/or adolescence

## WHAT KINDS OF EXPERIENCES ARE ADVERSE?



Maltreatment  
Violence & coercion  
Prejudice

## HOW DOES IT IMPACT THE LIVES OF YOUNG PEOPLE?



ACEs impact a child's development, their relationships with others, and increase the risk of engaging in health-harming behaviours, and experiencing poorer mental and physical health outcomes in adulthood. Compared with people with no ACEs

adverse childhood experiences (ACEs) and trauma-informed care.

## WHAT PROTECTS YOUNG PEOPLE FROM ACEs?



## WHAT CAN WE DO ABOUT IT?



Trauma-informed care recognizes and responds to the signs, symptoms, and risks of trauma to better support the health needs of patients who have experienced Adverse Childhood Experiences (ACEs) and toxic stress.

## Teamwork

Social Workers can address ACEs and trauma by:

- Preparedness
- 1 analyses the available data and anticipates need in local commissioning and service pathways.

2 "Include me in decisions about my life"

Flexible  
Provides services that young people can easily access