

## **Week 7 Discussion: Leading & Managing High-Value Healthcare**

There is a significant issue with access to mental health services in many locations. Sadly, access to care can be difficult, and mental health resources are frequently scarce. People do not get help because of this, which makes things worse in the long run. Our responsibility as advanced practice nurses is to advocate for our patients and ensure they receive the necessary care (Smith, 2019). We can make mental health services more accessible and provide high-quality care to those in need by implementing a cost-effective practice change strategy.

Any strategy to break a habit requires the inclusion of tangible resources. The following resources are required for a financially responsible practice change strategy to increase access to mental health services: tools for virtual service delivery like cameras, microphones, and headsets; telehealth technology and infrastructure; licenses, permits, and other legal documents, as well as educational materials and resources, support software for telehealth services. Individuals need the right tools for high-quality care and computer software and telehealth technology for virtual services (World Health Organization, 2022). All necessary legal documentation and permits must be in place to ensure the practice change answer complies with all applicable laws. Educational materials and resources are required to ensure that patients, healthcare professionals, and the general public know the available services and how to obtain them.

A change in practice that makes financial sense is required to address the issue of inadequate access to mental healthcare. Both human and material resources are required for this. Some people needed are administrative and support staff, advanced practice nurses like nurse practitioners and clinical nurse specialists, and mental health professionals like social workers, psychologists, counselors, and psychiatrists (Howard, 2020). Advanced practice nurses play a