Week 2 NR716

Select one of the following options for your initial discussion post.

Using the two research studies you appraised in NR715 and the one randomized control or quasi-experimental study you identified in Week 1 for the selected practice problem, write one paragraph where you apply the concepts of a synthesis. Using these three research studies and three non-research evidence sources, write sentences where you apply the concepts of synthesizing across research and non-research evidence in the same sentence.

Option 1: Use a synthesis of research study evidence and non-research evidence to write an introduction to your practice problem: Requirements include that you introduce the practice problem using a synthesis of research and non-research evidence and introduce an evidence-based intervention using research evidence | On paragraph ***Obesity***

Option 2: Use a synthesis of research evidence and non-research evidence to write an analysis of the practice problem that include the significance, prevalence,
mortality, and economic ramifications of the problem at the national level | one paragraph.

Please click on the following link to review the DNP Discussion Guidelines on the Students Resources Centre program page:

Answer:

Synthesis of Research Study:

The Topic of Obesity have many different views; those that are held without scientific evidence and those that are held without contradicting evidence of those views. SYNTHESIS IN OBESITY RESEARCH IS WEIGHING THE EVIDENCE OF COMMON BELIEFS OF OBESITY through combined research which helps to introduce this practice problem. The first Expert Panel on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults to develop clinical practice guidelines for primary care practitioners was convened in 1995bythe National Obesity Education Initiative of the National Heart, Lung, and Blood Institute with the cooperation of the National Institute of Diabetes and Digestive and Kidney Diseases .These guidelines recognized that the prevalence of overweight and obesity in the United States is increasing, alerting practitioners to the accompanying health risks. More than 97 million Americans are overweight or obese according to the statistics from third National Health and Nutrition Examination Survey.

According to the CDC; the prevalence of Obesity in the adult population of United States was 42.4% in 2017 – 2018 increasing from 30.5% to 42.4 %. During the same time, the prevalence of