

DNP 730 Week 8 Discussion

Reflection

In the course NR 730, I was challenged to think critically and apply ethical considerations and theories relevant to translation science in designing and implementing a practice change. This challenge was exemplified in my choice of practice change DNP project which is the implementation of the Patient Health Questionnaire-9 (PHQ-9) for depression screening to improve screening accuracy and referral rates. The course emphasized the importance of using the highest level of evidence available to inform practice changes. I was also challenged to appraise and synthesize evidence from the literature to support the implementation of the PHQ-9 for depression screening. This challenge helped me to acquire a deep understanding of research methodologies, including randomized controlled trials, systematic reviews, and meta-analyses, to determine the strength and quality of evidence supporting my intervention and practice problem.

Furthermore, the course challenged me to consider the impact of my practice change project on diverse populations and to prioritize ethical considerations in designing and implementing the change. For example, I was encouraged to consider how cultural differences, language barriers, and socioeconomic status might affect the implementation and effectiveness of the PHQ-9 for depression screening. The course also emphasized the importance of clinical scholarship methodologies for designing, developing, implementing, and evaluating quality improvements in healthcare outcomes (Christenbery, 2017). I was challenged to use a systematic approach to identify gaps in current practice, develop a plan for implementing the PHQ-9 for depression screening, and evaluate the effectiveness of the practice change.

Overall, the course NR 730 challenged me to think critically, appraise evidence, prioritize ethical considerations, and apply clinical scholarship methodologies to improve